

The logo for JOY aesthetics features the word "JOY" in a stylized, dark teal font. The letter "O" is replaced by a circular graphic element with a teal outline and a dark teal fill. Below "JOY" is the word "aesthetics" in a smaller, dark teal, lowercase serif font.

JOY  
aesthetics

*The art of joy...  
healing skin care*

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# JOY aesthetics

*The art of joy...  
healing skin care*

SERVICES, PRICING AND PRODUCTS



# F A C I A L S

*All facials begin with a consultation, a relaxation, visualization and then a sensory journey, wherein you choose the essential oils selected by your body's innate needs.*



## ESSENTIAL FACIAL

Following your consultation, your entire being will be immersed in peace and serenity. The ambiance of gentle candle light, aroma therapy and soothing music will lend to your process of letting go. Exquisite essential oils will bring the added benefit of balance and harmony to you to promote healing and an overall sense of well-being. Your skin will be radiant following your cleanse, lymphatic massage, exfoliation mask, extractions and hydration mask. Soothing massage and healing touch finalize an essentially magnificent experience for you.

**75 minutes**      **\$90.00**

## SPA PAMPERING FACIAL

Indulge your senses with this transformational pampering facial. Enjoy all the elements of the Essential Facial with the added pleasure of hand, arm, leg and foot massage, healing touch therapy and warm steamy towels to provide deeper penetration of the essential oils. This is not simply a facial, it's a full-body experience.

**90 minutes**      **\$110.00**

## HEAVENLY ESCAPE FACIAL

From head to toe, your entire body will feel nourished, nurtured and enveloped in healing energy. Escape into a relaxing facial that includes a warming steam to open pores, followed by a cleanse, lymphatic massage, exfoliation mask, extractions and hydration mask. Then experience healing touch therapy as warm oil is gently massaged into scalp, hands, arms, legs, feet, followed by an amazing steamy towel wrap to further relax, calm and promote a sense of harmonic well-being.

**2 hours**      **\$150.00**

## ACNE FACIAL

Imbalance within produces acne. Through consultation and analysis, we evaluate all aspects of healthy skin care with an emphasis on education, nutrition and other healing modalities. Includes cleansing, exfoliation, extractions, and support in combating redness and oily shine.

**75 minutes**      **\$80.00**



# Joy aesthetics

## TEEN FACIAL

This is specifically designed for teenagers dealing with hormonal issues and acne break outs. The focus is on relaxation, education and nutrition counseling. For young adults, this is a great spring board into the world of aesthetics.

**60 minutes**      **\$60.00**

## MALE FACIAL

This facial begins with an aesthetic check-nasal, ears, and brows. Includes exfoliation mask, extractions and massage. Yes, men deserve to be nurtured and given an aesthetic edge in the business world.

**75 minutes**      **\$90.00**

## BACK FACIAL

Pamper all those hard to reach places on your back and eliminate any dry itchy feeling. Includes exfoliation, extractions, hydration, plus a full back massage with healing touch therapy.

**75 minutes**      **\$80.00**

## NON-SURGICAL FACE LIFT

Revitalize and rejuvenate skin and muscle with electro-stimulation to prevent or reduce signs of aging and stress. The "Gentle Lifting" treatment uses pulsating micro-currents to stimulate, firm, tone and lift muscles of the face and neck. This gentle, relaxing treatment also improves skin elasticity and hydration.

**(minimum of 12-20 treatments, 2x/week)**

**75 minutes**      **\$90.00**

## NON-SURGICAL EYE LIFT ONLY

**(minimum of 6 treatments)**

**45 minutes**      **\$50.00**



# A L A C A R T S E R V I C E S

*Enhance your facial by adding any of the following beauty and skin care treatments.*



## VITAMIN C EYE TREATMENT

Protect and strengthen the skin's resistance, reduce signs of fatigue and dark circles. Immediately improves the aspect of the eye contour. **\$25.00**

## AHA PEELS

Improve, smooth and refine skin; reduce signs of aging or acne. **\$45.00**

## HYDRO PEEL PLUS FIRMING TREATMENT

Using DermaSound Elite, water and low-frequency sonic cavitation technology gently exfoliate 10-35% of the skin's top layers to help minimize the effects of photo-damaged skin, and reduce the appearance of fine lines and wrinkles. Includes the ultrasonic peel, antioxidant infusion and microcurrent therapy. **\$50.00**

## NON-SURGICAL FACE LIFT

The "Gentle Lifting" treatment uses pulsating micro-currents to stimulate, firm, tone and lift muscles of the face, neck, and eyes, and also improves skin elasticity and hydration. **\$45.00**

## HAND TREATMENT

Add a peel to exfoliate and hydrate the delicate tissue on hands. This treatment encourages a youthful look to the hands. **\$35.00**

## COLLAGEN TREATMENT

Stimulates, firms and strengthens tissue. Collagen is applied and massaged into the tissue. Then a collagen mask is applied. The results are amazing-pumped, refined and hydrated skin. **\$45.00**



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## A H A P E E L S

*Adding the Hydro Peel and Firming Treatment will deliver the ultimate porcelain effect.*

### GLYCOLIC PEEL

For smoother and refined skin, and to reduce the appearance of fine lines, wrinkles, flaky patches, sun damage, uneven skin texture, or acne. You must use glycolic products 2 weeks prior to treatment

**(series of 6 treatments)**

**75 minutes      \$85.00/treatment**

**Combined with facials      \$45.00**

### SALICYLIC PEEL

The light, "model" peel for special occasions to tighten skin and reduce fine lines.

**75 minutes      \$85.00**

### JESSNER PEEL

A layered peel, most often used for acne-prone or for more damaged skin to reduce the appearance of acne, flaky patches, sun damage, or uneven skin texture.

**75 minutes      \$85.00**

### MANDELIC PEEL WITH HYDRO PEEL AND FIRMING TREATMENT

This bitter almond extract peel is used for sensitive and ethnic skin to reduce the appearance of fine lines, wrinkles, flaky patches, sun damage, uneven skin texture, or acne. It contains antibacterial properties to protect the skin.

**90 minutes      \$135.00**

# WAXING AND TINTING

Be assured that waxing is a nurturing experience at Joy Aesthetics. Each service is performed with an artistic hand, and perfectionism is the golden rule. Relax into healing elements of cool lavender compresses, massage and healing touch.



## HAIR REMOVAL

Arm, Full	\$45.00	Chin	\$15.00
Arm, Half	\$25.00	Ears	\$15.00
Back	\$45.00	Ear Waxing	\$15.00
Back	\$60.00 (with massage)	Face, Full	\$60.00
Bikini	\$35.00	Leg, Full	\$65.00
Bikini Plus	\$45.00 (includes tush)	Leg, Half	\$40.00
Brazilian	\$65.00	Lip	\$15.00
Brows	\$20.00	Nostrils	\$15.00
Cheeks	\$15.00	Underarms	\$20.00
Chest	\$45.00		

## LASH AND BROW NATURAL COLOR TINTING

Brows	\$18.00
Lashes	\$18.00

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# M A K E U P

*We feature the Glominerals makeup line. We believe in the philosophy of "less is more." Come, allow us to guide you into makeup techniques that will enhance your radiant glow. This is the perfect addition to your at-home skin care regiment.*

## MAKEUP TOUCH-UP

15 minutes

\$15.00

## MAKEUP LESSON

30 minutes

\$30.00

# B O D Y T R E A T M E N T S

## EAR CANDLING

A technique used to remove excess wax buildup in your ears to sharpen your hearing and relieve pressure on the ear drum. Includes massage and pressure point treatment to the face.

60 minutes

\$60.00

## FULL BODY EXFOLIATION AND HYDRATION WITH HYDRO PEEL

Using DermaSound Elite, this is an amazing vibrational exfoliation for the entire body. Includes a whole body hydro peel exfoliation and massage. Your entire body will be exfoliated, hydrated and silky smooth.

90 minutes

\$125.00

## RAINDROP TREATMENT

Inspired by Lakota healing, this treatment is highly effective for balancing and rejuvenating the mind and body. Highly aromatic blends of pure essential oils are applied to the shoulder and feet, then dropped like rain onto the spinal area and gently brushed up the spine to promote electrical alignment, balance and serenity for the mind and body.

## RAINDROP EXPRESS

60 minutes

\$75.00

## FULL RAINDROP TREATMENT

90 minutes

\$135.00



# H E A L I N G

## UNLIMITED BODY

This treatment is based on your body's natural healing ability. The more movement you have in your tissues, the more health you have and the better you feel. In a dis-eased body, the tissue can not function and repair in an optimum way because it is holding on to the dis-ease. This is cellular memory and is stored in the body as tight tissue. This "holding" in the body causes limitations in your life experience by creating physical limitations, such as pains, cosmetic problems, fatigue, etc. These conditions continue until the cellular memory feels safe enough to relax and allow movement again. This treatment helps the body feel safe in order to heal itself on a deeper level, so you can live the life you truly desire.

**75 minutes      \$85.00**



## UNLIMITED BREATH

This is a profound breathing technique, perfected over several decades, that has helped thousands of people improve the quality of their lives. With this treatment, you can calm, relax, de-stress, and heal past traumas and emotions stored in your body, hidden in your subconscious mind, and thereby change the way you live your life forever.

**Introductory Session      \$50.00**

**Program is 10 sessions**

**2 Hours per session      \$120.00/session**



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# P R O D U C T S

## GLYMED PLUS

Repair, renew and maintain healthier, smoother, clearer skin. This science-based synergistic skin system helps balance, hydrate, nourish, protect and rebuild your skin's natural defenses from the inside

out—from the cells to the surface. You'll get noticeably younger, smoother skin; reduced appearance of lines and wrinkles; and protection from these pharmaceutical-quality products. Give your skin what it needs to stay healthy—this balance and care system.

## YOUNG LIVING

Cleansing, calming, energizing, balancing, and soothing therapeutic-grade 100% pure essential oils deliver life-enhancing benefits to the body, mind and spirit as aroma therapy, topical application through massage, and when taken internally. Rejuvenate and revitalize your health and well-being with these superb essential oils.

## INNER LIGHT

This product line is designed to balance your body's pH and prevent acidic buildup.

## GLOMINERALS

Nurture, nourish, protect and maintain healthy skin with pharmaceutical-grade high-pigment minerals infused with a powerful antioxidant blend of vitamins. These products are non-comedogenic, so skin can breathe. They provide broad spectrum UVA and UVB sun protection. Pick from a color palette of the hottest hues and timeless color classics, all rich in pigment and ready to wear for the perfect glow.

## GLOSPA

Refresh, renew, transform, indulge and relax with these specialized professional spa products designed to enhance, protect and nourish your skin. The rich formulations are luxurious to the touch and are available in inspiring scents that uplift the mind and soothe the spirit.

# A B O U T

## SUZANNE JOY

Suzanne lives her passion of health, wellness and healing, coupled with mind, body, spirit consciousness in her practice, Joy Aesthetics, which was established in 1996.



She has years of education and training in health, wellness and several healing modalities. She is certified in polarity therapy, Unlimited Body, Unlimited Breath, and studied healing touch therapy.

Suzanne describes her work as a “Soulful Dance.” With ayurvedic principles, her holistic approach taps the body’s innate ability to heal. She uses a unique style of integrating aesthetics with healing touch therapy, aroma therapy, massage, breath work and visualization.

Collectively, her work promotes deep relaxation, tranquility, harmony and healing for your entire being. She helps you connect to your health, wellness and inner beauty to reveal your outer radiance. It’s not just aesthetics, it’s a healing journey... the art of Joy!



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## T E S T I M O N I A L S

“Suzanne does quality, professional work, and cares deeply about her clients. Her passion for her work and her warmth for others is apparent in the first few minutes of meeting her. She always makes me feel so important, so cared for, so nurtured, and so good about my myself. My skin has never looked better. People are shocked to find out my age because my skin looks nearly 15 years younger. They will often touch my face in disbelief! The combination of facials, as well as the skin care line Suzanne suggested, keeps me looking young and my skin looking fabulous.”

*Maggie T, Minneapolis, MN*

“I have been to several aestheticians over the years, and there is, quite frankly, no comparison. What Suzanne offers is not even in the same category. It is heavenly! She creates a welcoming, beautiful and loving experience. I feel cared for, as if enveloped in a warm soft blanket. She brings professional knowledge and skill, along with a tenderness and softness that is truly remarkable. My worries melt away as I surrender to her care, knowing that my skin will be radiant and my spirit will be uplifted. I can't wait to be in Minneapolis, so I may partake of Suzanne's skills and services. What a fabulous gift to myself!”

*Mary F, Sarasota, FL*

“Suzanne is different from other aestheticians because it is her passion to make others feel good about themselves, feel beautiful on the inside and outside. What I like most about Suzanne is she starts her services with a wonderful head massage, inviting you to take this time to relax and let go. She gives excellent quality services, is very professional, and extremely particular about doing a fantastic job. She's good at recommending services that will enhance the way you look and feel, and at recommending books and offering many health enhancing suggestions. I trust her judgment and always leave feeling more relaxed and more beautiful than when I arrived. Sometime I say to myself, 'I just need some Suzanne time!'”

*Wendy B, St. Michael, MN*